**MBPSs Sadhika Bhardwaj**

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Member of British Psychological Society and been granted the Graduate Basis for Chartered Membership (GBC) – MBPSs.

Currently working as a Research Assistant at Nottingham Trent University

**EDUCATION & COURSES**

**Sept 2018- Sept 2019 M.Sc. Applied Child Psychology, Nottingham Trent University.**

**Modules Include**- Observational Methods, Child in Context, Social and Cognitive Development in Children, Research Skills, Developmental Profile of Language and Learning, Psychological and Behavioural Difficulties in Children, Child Psychology Specialist Essay.

**Dissertation Topic**- Effect of Parental Aspirations and Expectations on the Academic Achievement of the Child.

* Reflecting critically by evaluation of reviews and essays of our own as well as others.
* Ability to make clear, structured arguments and support them with evidence by writing in-depth essays and reviews.
* Planning use of time to ensure tasks are delivered to high standard and according to deadlines.

**Aug 2015-July 2018 B.Sc. Clinical Psychology, Amity University Mumbai, India.**

**Minor Degree: Literature in English**

**Modules Include**- Introductory Psychology, Elementary Statistics, Advanced Statistics, Experimental Psychology I & II, Organisational Psychology, Basic & Advanced Cognitive Psychology, Social Psychology Article Writing, Abnormal Psychology I & II, Health Psychology, Life Span Development, Personality, Physiological Psychology, Educational Psychology, Psychology of Children with Special needs, School Counselling, Counselling Psychology, Clinical psychology, Cognitive Psychology.

**Research Project Published**: ‘Correlation between Emotional Intelligence and Extraversion.’

**Dissertation Topic**: ‘Relationship between Aggression, Empathy and Parenting Styles.’

* Team skills and confidence developed by organisation with peers to negotiate, plan and deliver group projects.
* Communicating information and ideas clearly and critically by writing various articles and essays.
* Worked largely unsupervised for various presentations and completed tasks as required, demonstrating self-motivation.
* Rapport building, case history and report formulation skills developed by conducting 30 psychometric tests at academic level.
* Knowledge and practical experience of collecting data and analysing results.
* Developed a psychometric test on topic ‘Insomnia.’

**EXPERIENCE**

**July 2019- December 2019 Teaching Assistant at First Class Learning**

* Teaching English and Arithmetic to children aged 5 to 12 years.
* Helping them develop independency while solving tasks.
* Observing and evaluating them at regular intervals for assessment and self-development purposes

**March 2019- December 2019 Small Steps Big Changes as a Family Mentor Volunteer**

* Commercial awareness developed through understanding how to interact with parents and children.
* Understanding their needs and communicating with them through story-telling and active play.

**June 2017-July 2017 Vivekanand Institute of Management, Mumbai, India (120 hours) intern**

* Team skills while working with the Psychometric Assessment team.
* Excellent report making skills for psychometric assessments.
* Handling scoring and input of scores of the test in excel, generating a total score and result.

**June 2016-July 2016 Drishti Learning Centre, Mumbai, India (120 hours) as an intern**

* Excellent observational skills on how to assess patients and recognise various signs and symptoms.
* Following instructions carefully and accurately to understand differences in symptoms and formulation of a range of disorders.
* Handling complex information considerately.
* Emotional resilience and a non-judgemental approach developed, by being aware of own’s feelings and emotions, accepting our flaws, which can help in better management of the patient.
* Empathy with children and situation they are in, by sensing the patient’s world as if it were our own but without losing the “as if” quality.

**ADDITIONAL INFORMATION**

* Published a research poster on ‘Psychological Impact of Climate Change’ in the National Interdisciplinary Conference on Green Technology & Sustainable Development 2016 and won the first prize. ISBN Publication: 9789380570860.
* Attended a seminar on ‘Learning Disabilities in children and adolescents’ conducted by Dr. Dhaval Modi, in the month of August 2016.
* Attended a seminar on suicide prevention seminar in Amity University, by Dr. Dhaval Modi, in the month of September 2016.
* Level 1 REBT trained by Dr. Swati Khanolkar in coordination with Albert- Ellis Institute, on the 22nd, 23rd, and 24th of October 2016.
* Attended a seminar on various ‘intelligence tests used for children’ in Amity University, by Dr. Dhaval Modi, in the month of January.
* Presented a research poster in a state level seminar on ‘well- being and its application in D.Y. Patil University, Pune on the 1st of February 2017.
* Completed a certificate course in “Introduction to Psychology” from Coursera.
* Completed a certificate course in “Introduction to Safeguarding Children”
* Won various prizes in essay-writing, recitation, creative writing elocution & debate competitions at school level.
* Won Silver and Bronze medals in International Olympiad of English Language at the school level.
* Participated in three-day Entrepreneurship Awareness Camp held at Amity University Mumbai, conducted by Government of India.
* Participated as an event head in Aminova, the Annual Fest of Amity University Mumbai.

**GLOBAL EXPOSURE**

* Participated in Student Exchange Program conducted by Amity University Mumbai with Ecole Superior de Commerce, Compeigne, France,
* Language Proficiency: English, Hindi, Marathi & working knowledge of French.